

LISTA LUCRĂRILOR PUBLICATE

LAZĂR ANDREEA – GABRIELA

CĂRTI PUBLICATE

2020 Kinetoterapia deficiențelor fizice și senzoriale: înștrumăt. Editura Universității "Ștefan cel Mare". ISBN 978-973-666-633-9

2019 Lecția de educație fizică în învățământul superior: înștrumăt metodic. Editura Universității "Ștefan cel Mare" 3 vol. ISBN 978-973-666-624-7. Vol. 1, Sem I. ISBN 978-973-666-579-0

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2019 Kinesiologie –înștrumăt metodic pentru programul de studii kinetoterapie și motricitate specială. Editura Universității „Ștefan cel Mare”. ISBN 978-973-666-547-9

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ARTICOLE PUBLICATE

1. **Iunie 2020** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. ISSN – 1844 – 9131, eISSN 2601 – 341X Volum XIII issue 1/2020 *THE IMPROVEMENT OF MORPHOLOGICAL PARAMETERS BY THE INTRODUCTION OF MARTIAL ARTS TECHNIQUES IN PHYSICAL EDUCATION AND SPORTS LESSONS*
2. **Decembrie 2019** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. ISSN – 1844 – 9131, eISSN 2601 – 341X Volum XII issue 2/2019 *IMPROVING STUDENTS' EFFORT CAPACITY THROUGH MOVEMENT GAMES IN PHYSICAL EDUCATION LESSON*
3. **Noiembrie 2019** Journal of Physical Education and Sport (JPES), Vol.19 (Supplement issue 6), Art 331 pp 2206 – 2211, 2019 online ISSN: 2247 - 806X; p-ISSN: 2247 – 8051; ISSN - L = 2247 - 8051 © JPES. University of Pitești. *STUDY REGARDING THE INVESTIGATION OF STUDENT'S PHYSICAL CONDITION LEVEL FROM THE FACULTIES WITH ECONOMIC PROFILE*
4. **Iunie 2019** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. ISSN – 1844 – 9131, eISSN 2601 – 341X Volum XII issue 1/2019 *IMPROVING FLEXIBILITY THROUGH STATIC STRETCHING EXERCISES IN PHYSICAL EDUCATION LESSONS*
5. **Iunie 2019** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. ISSN – 1844 – 9131, eISSN 2601 – 341X Volum XII issue 1/2019 *THE EFFECTS OF RUNNING ON YOUNG WOMEN'S WELLBEING*

6. **Iunie 2019** The annals of „DUNAREA DE JOS” University of Galați. Physical Education and Sport. FASCICLE XV ISSN -1454 -9832 -Vol. 2/2019. *CONTRIBUTIONS TO PHYSICAL DEVELOPMENT THROUGH SPECIFIC, AEROBIC GYMNASTICS MEANS*
7. **Aprilie 2019** Physical culture and sport: YURIY FEDKOVYCH CHERNIVTSI National University Chernivtsi. ISSN 2078-3396. Cernăuți. *THE ROLE OF PHYSICAL EDUCATION AND SPORT IN CASE OF CHILDREN WITH laterality AND BODY SCHEMA DISORDERS*
8. **Ianuarie 2019** Știința culturii fizice – Revistă teoretico-științifică. ISSN: 1857-4114 eISSN: 2537-6438 Nr. 33/1 2019 Fondator: Universitatea de Stat de Educație Fizică și Sport. Publicație științifică recenzată Categorie „B”. Chișinău. *FREE TIME - EVALUATIVE INDICATOR OF QUALITY OF LIFE*
9. **Decembrie 2018** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. ISSN – 1844 – 9131, eISSN 2601 – 341X Volum XI issue 2/ 2018 *ASSESSING THE SELF-ESTEEM OF SEDENTARY AND PHYSICALLY ACTIVE STUDENTS*
10. **Decembrie 2018** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. ISSN – 1844 – 9131, eISSN 2601 – 341X Volum XI issue 2/ 2018 *IMPROVING THE BALANCE IN CHILDREN OF 6-7 YEARS IN PHYSICAL EDUCATION LESSON THROUGH MUSIC MOVEMENT GAMES*
11. **Noiembrie 2018** International Scientific Conference Achievements and Prospects in Field of Sport Science and Physical Education withing the Interdisciplinarity European Education System. No.6/2018, Bacău. *TRENDS IN TEACHING METHODOLOGY SPECIFIC EDUCATIONAL ACTIVITIES OF STUDENTS OF THE FACULTY OF PHYSICAL EDUCATION AND SPORT*
12. **Noiembrie 2018** G Y M N A S I U M *Scientific Journal of Education, Sports, and Health. Vol. XIX, Issue 1, Supplement / 2018.* „Vasile Alecsandri” University of Bacău. *THE ROLE OF LUDOTHERAPY IN THE CASE OF CHILDREN WITH PSYCHOMOTORICITY DISORDERS*
13. **Noiembrie 2018** Journal of Physical Education and Sport (JPES), 18 Supplement issue 5, Art 301 pp. 2029 - 2033, 2018. online ISSN: 2247 - 806X; p-ISSN: 2247 – 8051; ISSN - L = 2247 - 8051 © JPES. University of Pitești. *STUDY REGARDING THE CORRELATION BETWEEN THE LEVEL OF PHYSICAL DEVELOPMENT AND THE STATE OF HEALTH OF THE STUDENTS*
14. **Noiembrie 2018** Proceedings of the 11th Annual International Conference Physical Education Sport and Health, Pitești, 2018. Volume 22 (1/2018). *STUDY REGARDING THE ASSESMENT OF STUDENT'S PHYSICAL WELL – BEING AS A DIMENSION OF LIFE QUALITY*
15. **Iunie 2018** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. Volume XI issue 1. *IMPROVING PSYCHOMOTORICITY COMPONENTS THROUGH LUDIC ACTIVITIES*
16. **Iunie 2018** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. Volume XI issue 1. *ELEMENTS OF OCCUPATIONAL THERAPY IN KINETOTERAPEUTICAL PRACTICE*
17. **Mai 2018** Știința culturii fizice – Revistă teoretico-științifică. ISSN: 1857-4114 eISSN: 2537-6438 Nr. 31/2 2018 Fondator: Universitatea de Stat de Educație Fizică și

Sport. Publicație științifică recenzată Categorie „B”. Chișinău. *THE ROLE OF KINETOTHERAPY IN THE CORPORAL EDUCATION OF CHILDREN WITH DORSAL KYPHOSIS*

18. **Aprilie 2018** International Scientific Congress of Students, Young Scientists and Researches „Topical Issues of Physical Culture, Sports and Ergotherapy”, Cernăuți. *THE IMPORTANCE AND NECESSITY OF PHYSICAL EDUCATION AND SPORT LESSONS IN UNIVERSITY*
19. **Decembrie 2017** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. Volume X issue 2; *IMPROVING THE COORDINATIVE CAPABILITIES THROUGH BADMINTON GAME FOR CHILDREN OF 4TH GRADE*
20. **Decembrie 2017** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. Volume X issue 2; *REFERENCES IN THE TRAINING PROCESS OF THE PHYSICAL EDUCATION AND SPORTS TEACHER*
21. **Noiembrie 2017** Proceedings of the 10th Annual International Conference Physical Education Sport and Health, Pitești, 2017. Series publication title: Scientific report Physical Education and Sport. Conference Proceedings Vol.21 (1/2017). *CONCEPTUAL ARGUMENTS REGARDING THE RECOGNITION OF PHYSICAL EDUCATION AS A FUNDAMENTAL COMPONENT OF GENERAL EDUCATION*
22. **Noiembrie 2017** Proceedings of the 10th Annual International Conference Physical Education Sport and Health, Pitești, 2017. Series publication title: Scientific report Physical Education and Sport. Conference Proceedings Vol.21 (1/2017). *ASPECTS OF CONSIDERING THE PHYSICAL EXERCISE AS A BASIC TOOL IN IMPROVING AND MAINTAINING QUALITY OF LIFE*
23. **Iunie 2017** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. Volume X issue 1 ISSN - 1844-9131. *INVESTIGATION OF STUDENTS' LIFESTYLE AND THE KNOWLEDGE ON IMPLIES TO HAVE A BALANCED LIFESTYLE*
24. **Iunie 2017** The annals of the „Ștefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. Volume X issue 1 ISSN - 1844-9131. *THE SYSTEMIC CONCEPT IN IMPROVEMENT QUALITY OF LIFE TO STUDENTS*
25. **Mai 2017** The annals of „DUNAREA DE JOS” University of Galați. Physical Education and Sport. FASCICLE XV CNCSIS CODE 644 B+ category ISSN-L 1454 – 9832 ISSN 2344 – 4584. *STUDY BASED ON THE ASSESSMENT OF STUDENTS' QUALITY OF LIFE*
26. **Mai 2017** Sports, Education, Culture – Interdisciplinarity approaches in science research, International science conference, „Dunărea de Jos” University of Galați. *STRENGTH DEVELOPMENT IN THE SPECIFIC WAY OF THE PHYSICAL EDUCATION LESSON IN THE UNIVERSITY*
27. **Noiembrie 2016** Annual International Conference Physical Education Sport and Health, Pitești, 2016. Series publication title: Scientific report Physical Education and Sport. Conference Proceedings Vol.20 (2016). *ACERTAINING STUDY BASED ON LIFESTYLE AND PHYSICAL CONDITION OF THE STUDENTS FROM ECONOMICS FACULTY FROM „ȘTEFAN CEL MARE” UNIVESITY OF SUCEAVA*

28. Decembrie 2015 The annals of the „Ştefan cel Mare” University, Physical Education and Sport Section; The Science and Art of Movement. ISSN – 1844 – 9131, Volum VIII issue 2/ 2015. *IMPROVING FITNESS AND CORPORAL AESTHETICS THROUGH THE HELP OF AEROBICAL EXTRACURRICULAR ACTIVITIES*

RAPOARTE DE CERCETARE

Aprilie 2019 – Raport de cercetare numărul 2 în cadrul studiilor de doctorat: *Contribuții personale privind elaborarea și aplicarea experimentală a strategiilor de optimizare a calității vieții bazate pe mijloacele educației fizice și sportului*. Universitatea din Pitești, Școala doctorală din domeniul Știința Sportului și Educației Fizice.

Februarie 2018 - Raport de cercetare numărul 2 în cadrul studiilor de doctorat: *Investigații preliminare privind îmbunătățirea calității vieții studenților de la facultățile neprofil*; Universitatea din Pitești, Școala doctorală din domeniul Știința Sportului și Educației Fizice.

Iulie 2017 - Raport de cercetare numărul 1 în cadrul studiilor de doctorat: *Argumente conceptuale și viziuni moderne privind îmbunătățirea calității vieții prin intermediul mijloacelor educației fizice și sportului*; Universitatea din Pitești, Școala doctorală din domeniul Știința Sportului și Educației Fizice.