

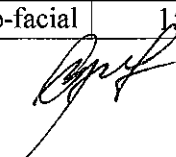
Fișa de verificare

Numele și prenumele candidatului: **Boarescu Paul-Mihai**Denumirea postului didactic: **șef de lucrări**, Poziția **31****Standarde minimale pentru ocuparea prin concurs a posturilor vacante ale universității:**

Nr. crt.	Denumire standard	Documentele care dovedesc îndeplinirea standardelor
1.	Doctor	Da Diplomă de Doctor Seria J Nr.0041535 UMF „Iuliu Hațieganu” Cluj-Napoca
2.	Media examenului de finalizare a studiilor	Media 9,68 Diplomă de Licență Seria C Nr. 0013613 UMF „Iuliu Hațieganu” Cluj-Napoca
3.	Certificat de absolvire a studiilor psihopedagogice	Adeverință Nr. 4786/D/26.04.2018 Diplomă participare Curs competențe psihopedagogice

Punctaj pentru performanțe didactice și cercetare științifică – asistent universitar, șef de lucrări / lector universitar

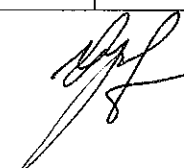
Nr. crt.	Denumire indicator*	Documentele care dovedesc îndeplinirea indicatorului	Punctaj*
1.	Publicare carte de autor (monografie, tratat de specialitate, studii, atlase, dicționare) în străinătate la edituri internaționale prestigioase (în limbă străină), altele decât cursurile universitare	Nutraceuticals: Evidence Based Use, Raluca Maria Pop (Editor), autor unic al capitolului Evidence of Nutraceuticals in the in Vitro and in Vivo Studies, 28 pagini, Nova Science Publishers, New York, 2020; - Anexata la dosar	142.8
2.	Publicare ediție, cu ISBN	Ghid de laborator pentru fiziopatologie generală și oromaxilofacială, Ramona-Niculina Jurcău, Alina Elena Pârveu, Adriana Elena Bulboacă, Mihai Blidaru, Florinela Adriana Cătoi, Camelia Manuela Mîrza, Meda Sandra Orăsan, Iulia Ioana Morar, Andra-Diana Andreicuț, Iulia Olimpia Pfingstgraf, Paul Mihai Boarescu , Teodora-Irina Bonei, Elisabeta Ioana Chera. Coautor carte, 143 pagini, EDITURA MEDICALĂ UNIVERSITARĂ "IULIU HAȚIEGANU" Cluj-Napoca, 2019; - Anexata la dosar	15
		Laboratory study guide for general and oro-maxilo-facial	15



		pathophysiology, Camelia Manuela Mîrza, Alina Elena Pârnu, Adriana Elena Bulboacă, Mihai Blidaru, Florinela Adriana Cătoi, Ramona-Niculina Jurcău, Meda Sandra Orăsan, Iulia Ioana Morar, Andra-Diana Andreicuț, Iulia Olimpia Pfingstgraf., Paul Mihai Boarescu , Teodora-Irina Bonei, Elisabeta Ioana Chera. Coautor carte, EDITURA MEDICALĂ UNIVERSITARĂ "IULIU HAȚIEGANU", Cluj-Napoca, 2019. - Anexata la dosar	
3.	Articol / studiu publicat în revistă cotate ISI (A) / ERIH. (FI – factor de impact; SRI – scor relativ de influență)	„Ginger (Zingiber officinale) Root Capsules Enhance Analgesic and Antioxidant Efficacy of Diclofenac Sodium in Experimental Acute Inflammation”. Boarescu I, Pop RM, Boarescu PM* , Bocșan IC, Gheban D, Bulboacă AE, Buzoianu AD, Bolboacă SD. Antioxidants 12 (3): 745, 2023, FI 7,675; https://www.mdpi.com/2076-3921/12/3/745	73.575
		„Practical Approaches to Transvenous Lead Extraction Procedures—Clinical Case Series”. Boarescu PM , Popa ID, Trifan CA, Roșian AN, Roșian ȘH. International Journal of Environmental Research and Public Health. 20 (1): 379, 2022, FI 4,614; https://www.mdpi.com/1660-4601/20/1/379	79.97
		„Transvenous Lead Extraction Procedure—Indications, Methods, and Complications”. Boarescu PM , Roșian AN, Roșian ȘH. Biomedicines, 10 (11): 2780, 2022, FI 4,757; https://www.mdpi.com/2227-9059/10/11/2780	132.8
		„Anti-Inflammatory and Analgesic Effects of Curcumin Nanoparticles Associated with Diclofenac Sodium in Experimental Acute Inflammation”. Boarescu I, Pop RM, Boarescu PM* , Bocșan IC, Gheban D, Râjnoveanu RM, Râjnoveanu A, Bulboacă AE, Buzoianu AD, Bolboacă SD. International Journal of Molecular Science. 23 (19): 11737, 2022, FI 6,208; https://www.mdpi.com/1422-0067/23/19/11737	45.255
		„Evaluation of Oxidative Stress Biomarkers, Pro-Inflammatory Cytokines, and Histological Changes in Experimental Hypertension, Dyslipidemia, and Type 1 Diabetes Mellitus”. Boarescu PM , Boarescu I, Pop RM, Roșian ȘH, Bocșan IC, Rus V, Mada RO, Popa ID, Neagu N, Bulboacă AE, Buzoianu AD, Bolboacă SD. International Journal of Molecular Sciences. 23(3):1438, 2022, FI 5.924; https://www.mdpi.com/1422-0067/23/3/1438	39.254167
		“Curcumin Nanoparticles Enhance Antioxidant Efficacy of Diclofenac Sodium in Experimental Acute Inflammation”. I Boarescu, PM Boarescu* , RM Pop, IC Bocșan, D Gheban, RM Râjnoveanu, A Râjnoveanu, AE Bulboacă, AD Buzoianu, SD Bolboacă. Biomedicines. 10(1): 61, FI 6.081; https://www.mdpi.com/2227-9059/10/1/61	48.4
		“Protective Effects of Liposomal Curcumin on Oxidative Stress/Antioxidant Imbalance, Metalloproteinases 2 and -9, Histological Changes and Renal Function in Experimental Nephrotoxicity Induced by Gentamicin”. Bulboacă AE, Porfire A, Bolboacă SD, Nicula CA, Feștilă DG, Roman A, Râjnoveanu RM, Râjnoveanu A, Dogaru G, Boarescu PM , Rus V, Bulboacă CA, Bulboacă AI, Stănescu I. Antioxidants. 2021 Feb 22; 10(2):325, 2021. FI 5.014; https://www.mdpi.com/2076-3921/10/2/325	36.910714
		“ECG Markers of Cardiovascular Toxicity in Adult and Pediatric Cancer Treatment”. Spînu Ș, Cismaru G, Boarescu PM , Istratoaie	27.458333

	S, Negru AG, Lazea C, Căinap SS, Iacob D, Grosu AI, Saraci G, Burz C, Cismar AC. Disease Markers. Volume 2021, Article ID 6653971. 2021. FI 2.738; https://www.hindawi.com/journals/dm/2021/6653971/	
	“Multi-Organ Protective Effects of Curcumin Nanoparticles on Drug-Induced Acute Myocardial Infarction in Rats with Type 1 Diabetes Mellitus”. PM Boarescu , I Boarescu, AE Bulboacă, IC Bocșan, RM Pop, D Gheban, RM Râjnoveanu, A Râjnoveanu, ȘH Roșian, AD Buzoianu, SD Bolboacă. Applied Sciences. 11(12): 5497, 2021, FI 2.679; https://www.mdpi.com/2076-3417/11/12/5497	25.463636
	“Comparative Protective Effect of Nigella sativa Oil and Vitis vinifera Seed Oil in an Experimental Model of Isoproterenol-Induced Acute Myocardial Ischemia in Rats”, Boesan IC, Pop RM, Sabin O, Sarkandy E, Boarescu PM , Roșian ȘH, Leru PM, Chedea VS, Socaci SA, Buzoianu AD. Molecules, 2021, 26(11), 3221. 2021. FI 4.412; https://www.mdpi.com/1420-3049/26/11/3221	38.63
	“An exploratory association analysis of ABCB1 rs1045642 and ABCB1 rs4148738 with non-major bleeding risk in atrial fibrillation patients treated with dabigatran or apixaban”. Roșian AN, Iancu M, Trifa AP, Roșian SH, Mada C, Gocan CP, Niță T, Istratoaie S, Boarescu PM , Buzoianu AD Journal of Personalized Medicine. 2020, 10(3), 133, 2020, FI 4.433; https://www.mdpi.com/2075-4426/10/3/133	32.165
	” Gender Differences in the Levels of Periodontal Destruction, Behavioral Risk Factors and Systemic Oxidative Stress in Ischemic Stroke Patients: A Cohort Pilot Study”. Stănescu I, Bulboacă AE, Micu IC, Bolboacă SD, Feștilă DG, Bulboacă AC, Bodizs G, Dogaru G, Boarescu PM , Popa-Wagner A, Roman A. Journal of Clinical Medicine, 2020 June 4; 9(6):1744.2020. FI 5.688; https://www.mdpi.com/2077-0383/9/6/1744	34.945455
	” Effect of Liposomal Curcumin on Acetaminophen Hepatotoxicity by Down-regulation of Oxidative Stress and Matrix Metalloproteinases” Dogaru G, Bulboaca AE, Gheban D, Boarescu PM , Rus V, Festila D, Sitar-Taut AV, Stanescu I. In Vivo. 2020 Mar-Apr 2020;34(2):569-582. 2020. FI 1.609; https://iv.iarjournals.org/content/34/2/569	24.9875
	“The Effect of Nano-Epigallocatechin-Gallate on Oxidative Stress and Matrix Metalloproteinases in Experimental Diabetes Mellitus”. Bulboacă AE, Boarescu PM* , Porfire AS, Dogaru G, Barbalata C, Valeanu M, Munteanu C, Râjnoveanu RM, Nicula CA, Stanescu IC. Antioxidants, 2020, Feb 20; 9(2):172. FI 4.52; https://www.mdpi.com/2076-3921/9/2/172	32.6
	„Microfluidic endothelium-on-a-chip development, from in vivo to in vitro experimental models”, Bulboacă AE, Boarescu PM , Melincovici CS*, Mișu CM Rom J Morphol Embryol, 2020, 61(1):15–23, 2020, FI 1.411; https://rjme.ro/RJME/resources/files/610120015023.pdf	45.4625
	”The Effect of Mofettes on Oxidative Stress/Antioxidant Balance in Experimental Myocardial Ischemia”. Dogaru G, Bulboaca A, Boarescu PM , Ciumarnean L, Rus V, Sitar-Taut AV, Munteanu C, Bodisz G, Stanescu I. In Vivo. 2019 Nov-Dec;33(6):1911-1920. 2019, FI 1.609; https://iv.iarjournals.org/content/33/6/1911.long	22.2
	“Antioxidant and Anti-Inflammatory Effects of Curcumin	36.222222

	<p>Nanoparticles on Drug-Induced Acute Myocardial Infarction in Diabetic Rats". Boarescu PM, Boarescu I, Bocşan IC, Gheban D, Bulboacă AE, Nicula C, Pop RM, Răjnovanu RM, Bolboacă SD. <i>Antioxidants</i>, 8(10):504, 2019, FI 4.52 https://www.mdpi.com/2076-3921/8/10/504</p>	
	<p>"Pallidopyramidal Syndrome and Hereditary Spastic Paraplegia common features and diagnostic approach and therapeutic considerations". Bulboaca CA, Blidaru M, Festila D, Boarescu PM*, Stanescu I. <i>Balneo Research Journal</i>, 2019; 10(3):265–271; http://bioclima.ro/Balneo267.pdf</p>	20
	<p>"Oxidative stress/antioxidant balance implication in reducing of intra-ocular pressure in patients with stroke, nicergoline therapy and open-angle glaucoma". Bulboaca AE, Nicula C, Bulboaca A, Blidaru M, Boarescu PM, Festila D, Dogaru G, Stanescu I. <i>Balneo Research Journal</i>. 2019;10(3):259-264. 2019; http://bioclima.ro/Balneo266.pdf</p>	12.5
	<p>"Experimental model of acute myocardial infarction for evaluation of prevention and rehabilitation strategies in cardiovascular diseases – a pilot study". Boarescu PM, Boarescu I, Bocşan IC, Pop RM, Gheban D, Bulboacă AE, Dogaru G, Bolboacă SD. <i>Balneo Research Journal</i>. 2019; 10(3):288–293; http://bioclima.ro/Balneo270.pdf</p>	12.5
	<p>"The effect of liposomal epigallocatechin gallate and metoclopramide hydrochloride co-administration on experimental migraine" Bulboacă AE, Porfire A, Barbălată C, Bolboacă SD, Nicula C, Boarescu PM, Stănescu I, Dogaru G. <i>FARMACIA</i>, 2019, 67(5):905-911, 2019,FI 1.527; https://farmaciajournal.com/issue-articles/the-effect-of-liposomal-epigallocatechin-gallate-and-metoclopramide-hydrochloride-co-administration-on-experimental-migraine/</p>	23.025
	<p>"Effects of Curcumin Nanoparticles in Isoproterenol-Induced Myocardial Infarction". Boarescu PM, Chirilă I, Bulboacă AE, Bocşan IC, Pop RM, Gheban D, Bolboacă SD. <i>Oxidative Medicine and Cellular Longevity</i>. 2019: 7847142, 2019, FI 4.863. https://www.hindawi.com/journals/omcl/2019/7847142/</p>	56.878571
	<p>"Catheter ablation of a right posterior accessory pathway in a patient with left ventricular noncompaction: A case report". Cojan-Minzat BO, Boarescu PM, Cismaru G, Rosu R, Cionca C, Pop D, Zdrenghea D, Agoston-Coldea L. <i>Medicine</i>. 2019 Feb;98(5), 2019. FI 2 .028. https://pubmed.ncbi.nlm.nih.gov/30702587/</p>	33.46875
	<p>" Comparative Effect Of Curcumin Versus Liposomal Curcumin On Systemic Pro-Inflammatory Cytokines Profile, MCP-1 And RANTES In Experimental Diabetes Mellitus" Bulboacă AE, Boarescu PM, Bolboacă SD, Blidaru M, Feştală D, Dogaru G, Nicula CA. <i>Int J Nanomedicine</i> 2019 Nov 18;14:8961-8972. 2019, FI 4.471; https://www.dovepress.com/comparative-effect-of-curcumin-versus-liposomal-curcumin-on-systemic-p-peer-reviewed-fulltext-article-IJN</p>	66.45
	<p>"The effect of carbonated natural mineral water on oxidative stress in experimental myocardial ischemia". Dogaru G, Bulboaca A, Stanescu I, Rus V, Bodizs G, Ciumarnean L, Munteanu C, Boarescu PM, Neagos A, Festila D. <i>Revista de Chimie</i>. 2019 70(7):2677-2680. 2019, FI 1.685; https://www.revistadechimie.ro/Articles.asp?ID=7404</p>	18.425



		<p>“Curcumin Nanoparticles Protect against Isoproterenol Induced Myocardial Infarction by Alleviating Myocardial Tissue Oxidative Stress, Electrocardiogram, and Biological Changes”. Boarescu PM, Boarescu I, Bocșan IC, Gheban D, Bulboacă AE*, Nicula C*, Pop RM, Râjnoveanu RM, Bolboacă SD. <i>Molecules</i>. 24(15):2802, 2019, FI 3.098. https://www.mdpi.com/1420-3049/24/15/2802</p>	37.588889
		<p>“Liposomal Curcumin is Better than Curcumin to Alleviate Complications in Experimental Diabetic Mellitus”. Bulboacă AE, Porfire AS, Tefas LR, Boarescu PM*, Bolboacă SD*, Stănescu IC, Bulboacă AC, Dogaru G. <i>Molecules</i>. 2019 Jan;24(5):846. FI 3.098; https://www.mdpi.com/1420-3049/24/5/846</p>	42.2875
		<p>”The importance of visuo-motor coordination in upper limb rehabilitation after ischemic stroke by robotic therapy”. Bulboaca A, Stanescu I, Dogaru G, Boarescu PM*, Bulboaca AE <i>Balneo Research Journal</i>. 2019;10(2):82–89; http://bioclima.ro/Balneo244.pdf</p>	20
		<p>“Homonymous hemianopsia versus unilateral spatial neglect rehabilitation”. Bulboaca AE, Bulboaca A, Stanescu I, Boarescu PM*, Chirilă I, Bulboaca A, Dogaru G. <i>Balneo Research Journal</i> . 2019; 10(2):67–73. http://bioclima.ro/Balneo242.pdf</p>	14.285714
		<p>“Variation of the PR interval for confirming ventricular pre-excitation on a 12-lead ECG”. Aursulesei S, Simu G, Florea C, Boarescu P, Gheorghiu C, Frangu F, Cismaru G, Puiu M, Rosu R, Zdrenghia D, Pop D. <i>Oxford Medical Case Reports</i>. 2018;10:306–310. https://academic.oup.com/omcr/article/2018/10/omy064/5094584</p>	9.0909091
4.	Articol / studiu publicat în revistă de specialitate recunoscute la nivel național de CNCS (CNCSIS) (B+).	<p>„Fractal Analysis of Retinal Vessels and their Relationship with Cerebral Microcirculation Pathology—A Narrative Review”. Boarescu PM, Bulboacă AE. <i>Applied Medical Informatics</i>. 2020;42(3):126-132. https://ami.info.umfcluj.ro/index.php/AMI/article/view/790</p>	17.50
		<p>” Medical Education—From Traditional Learning Methods to E-Learning Methods” But VM, Bulboacă AI, Bolunduț D, Boarescu PM, Bulboacă AE. <i>Applied Medical Informatics</i>. 2020;42(1):1-8. https://ami.info.umfcluj.ro/index.php/AMI/article/view/756</p>	7
		<p>“Clinical Significance of Increased Serum Levels of Troponin I in Patients from the Emergency Department of a County Hospital “. Boarescu PM, Chirila I, Bulboaca AE, Mada RO, Goidescu CM, Mocan-Hognogi DL, Buzuriu A, David AM, Cotut A, Vida-Limiti LA. <i>Revista de Chimie</i>. 2020 ;71(2): 68-73. https://revistadechimie.ro/pdf/12%20BOARESUCU%202%202020.pdf</p>	3.5

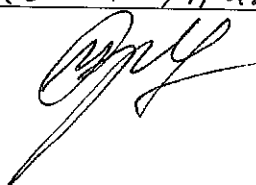
* Conform formular de evaluare performanțe (Anexa 11)

TOTAL PUNCTAJ: 1343,60 puncte

Întocmit,

Nume, prenume și semnătură candidat

BOARESUCU PAUL-MIHAIL



Data,

30.05.2023

