

## Curriculum Vitae



### Personal information

First name / Surname **PETRUȚA-PARASCHIVA / RUSU**  
Address Universitatii 13, 720229, Suceava, Romania  
E-mail [petruta.rusu@usm.ro](mailto:petruta.rusu@usm.ro)

### Work experience

Dates October 2019 – present

Occupation or position held Associate Professor

Name and address of employer "Ștefan cel Mare" University, Faculty of Educational Sciences, 13, Universitatii, Suceava

Main activities and responsibilities Teaching (Introduction to psychology, Parental education and counselling, Research methodology, Psycho-pedagogical evaluation of children and adolescents) and research activities

Dates 2013 – July 2019

Occupation or position held Lecturer

Name and address of employer "Ștefan cel Mare" University, Faculty of Educational Sciences, 13, Universitatii, Suceava

Main activities and responsibilities Teaching (Introduction to psychology, Parental education and counselling, Research methodology, Psycho-pedagogical evaluation of children and adolescents) and research activities

Dates 2016 – 2018

Occupation or position held Part Time Lecturer

Name and address of employer International Management Institute, Luzern, Seeacherweg 1, Kastanienbaum, 6047 Switzerland

Main activities and responsibilities Teaching Research Methods at BA and MBA programs, validated by Manchester Metropolitan University (MMU) in the UK.

Dates May 2014 – May 2016

Occupation or position held Research Associate

Name and address of employer University of Zurich, Department of Clinical Psychology: Children/Adolescents & Couples/Families

Main activities and responsibilities Research activities, Supervision for bachelor theses

Dates 2013 - 2014

Occupation or position held Postdoc

Name and address of employer University of Zurich, Department of Clinical Psychology: Children/Adolescents & Couples/Families

Main activities and responsibilities Research activities in the project *FS-CID: Family stress-Contextual, Individual, and Dyadic factors*

Dates	2008 - 2013
Occupation or position held	Assistant professor
Main activities and responsibilities	Teaching (Introduction to Psychology, Developmental Psychology, Class Management, Research Methodology) and research activities
Name and address of employer	"Ștefan cel Mare" University, Faculty of Education Sciences, 13, Universitatii , Suceava
Dates	2003- 2009
Occupation or position held	School psychologist
Main activities and responsibilities	Psychological Counselling of students, teachers and parents
Name and address of employer	"Ștefan cel Mare" College, Alecsandri Street, Suceava
<b>Education and training</b>	
Dates	2009 – 2012
Title of qualification awarded	PhD in Psychology
Principal subjects/occupational skills covered	Thesis: Religiosity and religious coping in couple and family relations. Therapeutic implications.
Name and type of organisation providing education and training	"Al. I.Cuza" University, Faculty of Psychology and Educational Sciences
Level in national or international classification	ISCED 6
Dates	2004 - 2005
Title of qualification awarded	Postgraduate Course in Psychological Counseling
Principal subjects/occupational skills covered	Psychological Counseling
Name and type of organisation providing education and training	Babes-Bolyai University, Faculty of Psychology and Educational Sciences, Cluj-Napoca, Romania
Level in national or international classification	ISCED 5
Dates	2007 - 2009
Title of qualification awarded	Master degree
Principal subjects/occupational skills covered	Couple and Family Psychology and Psychotherapy
Name and type of organisation providing education and training	Al. I. Cuza" University, Faculty of Psychology and Educational Sciences, Iasi, Romania
Level in national or international classification	ISCED 5
Dates	October 1999 - June 2003
Title of qualification awarded	Bachelor
Principal subjects/occupational skills covered	Psychology
Name and type of organisation providing education and training	Babes-Bolyai University, Faculty of Psychology and Educational Sciences, Cluj-Napoca, Romania
Level in national or international classification	ISCED 5

### Research interests

- Stress and coping in couples and families
- Religiosity in couple relationships
- Individual and dyadic variables associated with relationship satisfaction and partners' well-being
- Emotions and emotion-regulation in couples



- Family financial strain

### Teaching interests

- Introduction to psychology
- Parental education and counselling
- Research methodology

### Publications

1. **Rusu, P.P.** & Colomeischi, A.A. (2020). Positivity Ratio and Well-Being Among Teachers. The Mediating Role of Work Engagement. *Frontiers in Psychology*. 11:1608. doi: 10.3389/fpsyg.2020.01608
2. **Rusu, P.P.**, Nussbeck, F., Leuchtman, L., & Bodenmann, G. (2020). Stress, Dyadic Coping, and Relationship Satisfaction: A Longitudinal Study Disentangling Timely Stable from Yearly Fluctuations. *PlosOne*, 15(4): e0231133. <https://doi.org/10.1371/journal.pone.0231133>
3. Podina, I. R., Cosmoiu, A., **Rusu, P.**, & Chivu, A. (2020). Positive Thinking is Not Adaptive Thinking: A Cognitive-Behavioral Take on Interpretation Bias Modification for Social Anxiety. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-21.
4. **Rusu, P. P.**, Schipor, M. D., & Vataavu, R. D. (2019). A Lead-In Study on Well-Being, Visual Functioning, and Desires for Augmented Reality Assisted Vision for People with Visual Impairments. In *2019 E-Health and Bioengineering Conference (EHB)* (pp. 1-4). IEEE.
5. Falconier, M. K., **Rusu, P. P.**, & Bodenmann, G. (2019). Initial validation of the dyadic coping inventory for financial stress. *Stress and Health*, 35(4), 367-381.
6. **Rusu, P. P.**, Bodenmann, G., & Kayser, K. (2019). Cognitive emotion regulation and positive dyadic outcomes in married couples. *Journal of Social and Personal Relationships*, 36(1), 359-376.
7. **Rusu, P.P.**, Hilpert, P., Falconier, M., & Bodenmann, G. (2018). Economic strain and support in couple: The mediating role of positive emotions. *Stress and Health*, 34(2), 320-330.
8. **Rusu, P.P.** (2018). Religiozitatea în relațiile de cuplu și familie (*Religiosity in couple and family relationships*). Editura ASCR, Cluj-Napoca
9. **Rusu, P.P.** (2016). Dyadic coping in Romanian couples. In *Couples coping with stress: A cultural perspective*, edited by M. K. Falconier, A. K. Randall, & G. Bodenmann. New York: Routledge, ISBN 978-1-138-90665-5.
10. **Rusu, P.P.**, Hilpert, P., Turliuc, M.N., & Bodenmann, G. (2016). Dyadic coping in an Eastern European context: validity and measurement invariance of the Romanian version of the Dyadic Coping Inventory, *Measurement and Evaluation in Counselling and Development*, 49(4), 274-285.
11. **Rusu, P.P.**, Hilpert, P., Beach, S., Turliuc, M.N. & Bodenmann, G. (2015). Dyadic coping mediates the association of sanctification with marital satisfaction and well-being. *Journal of Family Psychology*, 29(6), 843.
12. **Rusu, P.P.**, Turliuc, M.N. (2012). Utilizarea Modelului Actor-Partener de interdependență a datelor diadice (APIM) în analiza relației dintre stresul familial, satisfacția maritală și starea de bine a soților (Using Actor-Partner Interdependence Model in analysing the relationship between family stress, marital satisfaction and partner's well-being) in CNPSI volume (National Conference of Psychology volume), 2012, ISBN 978-606-19-0100-5.

13. **Rusu, P.P.**, Turliuc, M.N. (2011). Ethical issues of integrating spirituality and religion in couples and family therapy, *Revista Română de Bioetică*, Vol. 9, Nr. 1, 24-36, ISSN 1583 – 5170.
14. **Rusu, P.P.**, Turliuc, (2011). Religiosity and family functionality in Romanian-Orthodox religion, *Procedia - Social and Behavioral Sciences*, Volume 30, 542-546.
15. **Rusu, P.P.**, Karner-Huțuleac, A.N., (2011). Forgiveness, religiosity and family relations in Romanian-Orthodox religion, in *Forgiveness: An Interdisciplinary Dialogue*, Edited by Heather Levy and Tuğba Sevinç Yücel, ISBN: 978-1-84888-083-2, Interdisciplinary Press, Oxford.
16. **Rusu, P.P.**, Turliuc, M.N. (2011). Ways of approaching religiosity in psychological research, *The Journal of International Social Research*, vol. 4, issue 18.
17. Ignat, A.A., Clipa, O., **Rusu, P.P.** (2011). Teacher's training on emotional education. Needs assessment, *Journal of Educational Sciences & Psychology*, vol. LXIII, Nr. 2.

### Conference papers

1. **Rusu, P.P.** (2016), *Stresul în cuplu: factori individuali, contextuali și diadici*, invitație la Conferința „Diaspora în Cercetarea Științifică și Învățământul Superior din România - Diaspora și prietenii săi”, Universitatea de Vest din Timișoara.
2. **Rusu, P.P.**, (2015), Religiosity, Marital Outcomes and Well-being in Romanian Spouses, *International Conference of Educational Science*, Suceava, Romania.
3. **Rusu, P. P.**, Hilpert, P., Falconier, M. & Bodenmann, G. (2015). Does economic strain influence spouses' resources to support their partners? Paper presented at the *International Convention of Psychological Science*, Amsterdam, The Netherlands.
4. **Rusu, P.P.**, (2014). Presentation of SCIEX postdoctoral project *Family Stress-Contextual, Individual, and Dyadic factors* at the *International Conference Couples and Families Coping with Stress*, Ghent University, Belgium.
5. **Rusu, P.P.**, (2014). Presentation of SCIEX postdoctoral project *Family Stress-Contextual, Individual, and Dyadic factors* at the Catholic University of Milan, *Family Studies and Research University Centre*.
6. **Rusu, P.P.**, Turliuc, M.N. (2013). Religiosity and sanctification of marriage as determinants of marital quality – a dyadic perspective. Paper presented at the International Association of the Psychology of Religion Conference, Lausanne, Switzerland.
7. **Rusu, P.P.**, Turliuc, M.N. (2013). The influence of individual and dyadic coping on spouses' well-being. Paper presented at the European Health Psychology Conference, Bordeaux, France; published in in EHPS 2013 Abstracts, *Psychology & Health*, 28:sup1, 1-335, DOI: 10.1080/08870446.2013.810851.
8. **Rusu, P.P.**, Turliuc, M.N. (2012). Using Actor-Partner Interdependence Model in analysing the relationship between family stress, marital satisfaction and partner's well-being. Paper presented at the National Conference of Psychology, 6-th edition, Brașov, Romania.
9. **Rusu, P.P.**, Turliuc, M.N. (2012). *Family stress, marital satisfaction and well-being: the moderating effects of dyadic coping and religiosity*. Paper presented at the 26th Conference of the European Health Psychology Society (EHPS), Prague, Czech Republic, published in in EHPS 2012 abstracts, *Psychology & Health*, 27: sup. 1, pp. 317-318, ISSN 0887-0446.
10. Turliuc, M.N., **Rusu, P.P.** (2012). The mediating role of marital quality in the stress–well-being relationship. Are there gender differences? Paper presented at the 26th Conference of the European Health



Psychology Society (EHPS), Prague, Czech Republic, published in in EHPS 2012 abstracts, *Psychology & Health*, 27: sup. 1, pp. 131-132, ISSN 0887-0446.

11. Turliuc, M.N., **Rusu, P.P.** (2012). *Religiosity and well-being in Romanian Orthodox Families*. Paper presented at 10th ISORECEA conference "Religion and power relations in Central and Eastern Europe", Iași, Romania.

12. **Rusu, P.P.** (2012). *Development and validation of the Orthodox Family Religiosity Scale*, International Conference of Applied Social Sciences, Timișoara, Romania.

13. Turliuc, M.N., **Rusu, P.P.** (2011). *Women, work and family – from work family conflict to work family enhancement*. Paper presented at International Conference of Educational Sciences, Suceava, Romania.

14. **Rusu, P.P.**, Turliuc, M.N. (2011). *Assessing religiosity in Christian-Orthodox families: development of the Orthodox Family Religiosity Scale*. Paper presented at the Congress of the International Association for the Psychology of Religion, Aldo Moro University, Bari, Italy.

15. **Rusu, P.P.**, Turliuc, M.N. (2011). *Religiosity and family functionality in Romanian-Orthodox religion*. Paper presented at World Conference on Psychology, Counselling and Guidance, Antalya, Turkey.

16. **Rusu, P.P.**, Karner-Huțuleac, A. (2011). *Forgiveness, religiosity and family relations in Romanian - Orthodox religion*. Paper presented at 4th Global Conference Forgiveness – Probing the boundaries, Oxford, UK.

17. **Rusu, P.P.** (2010). *The role of self-efficacy and work-family conflict in dyadic adjustment*. Paper presented at the National Conference of Psychology, 5-th edition, Iași, Romania.

18. **Rusu, P.P.** (2010). *Spirituality and religion in psychotherapy*. Paper presented at the National Conference of Transpersonal Psychology, Bucharest, Romania.

19. **Rusu, P.P.** (2009). *Religiosity and marital satisfaction*. Paper presented at the International Conference of Applied Psychology: „Applied Psychology: Diversity and Consistency”, 3 th edition, Gura-Humorului, Romania.

### Honours and awards

1. 2009- 2013 - PhD fellowship, POSDRU/187/1.5/S/155397, “Al. I.Cuza” University, Faculty of Psychology and Educational Sciences;

2. 2013 -2014 - Postdoctoral fellowship, The Scientific Exchange Programme (Sciex-NMSch), Swiss Agency for Development and Cooperation (SDC), Sciex Project 12.273, University of Zurich, Department of Clinical Psychology: Children/Adolescents & Couples/Families

<http://www.psychology.uzh.ch/en/chairs/kjpsych/team/rusu.html>

3. 2016 – paper award UEFISCDI, PN-III-P1-1.1-PRECISI-2016-13397, **Rusu, P.P.**, Hilpert, P., Beach, S., Turliuc, M.N & Bodenmann, G. (2015). Dyadic coping mediates the association of sanctification with marital Satisfaction and well-being. *Journal of Family Psychology*, 29(6), 843.

4. 2017- paper award UEFISCDI, PN-III-P1-1.1-PRECISI-2017-20680, **Rusu, P.P.**, Hilpert, P., Turliuc, M.N, & Bodenmann, G. (2016). Dyadic coping in an Eastern European context: validity and measurement invariance of the Romanian version of the Dyadic Coping Inventory, *Measurement and Evaluation in Counselling and Development*, 49(4), 274-285.



5. 2018 – paper award UEFISCDI, PN-III-P1-1.1-PRECISI-2018-25076, **Rusu, P.P.**, Hilpert, P., Falconier, M., & Bodenmann, G. (2018). Economic strain and support in couple: The mediating role of positive emotions. *Stress and Health*, 34(2), 320-330.

#### **Invited talks:**

1. Rusu P.P. (2015), Sanctification of marriage and relationship functioning, Université Catholique de Louvain, Louvain-la-Neuve, Belgium, 9th of June 2015, <https://www.uclouvain.be/453224.html>
2. Rusu, P.P. (2016), Stress in couples: individual, contextual and dyadic factors, “Diapora in Scientific Research and Higher Education in Romania” Conference, West University of Timisoara (Conferința „Diaspora în Cercetarea Științifică și Învățământul Superior din România - Diaspora și prietenii săi”, Universitatea de Vest din Timișoara), 27th of April, 2017, [http://www.diaspora-stiintifica.ro/wp-content/uploads/2016/01/Program-WE\\_Psihologie.pdf](http://www.diaspora-stiintifica.ro/wp-content/uploads/2016/01/Program-WE_Psihologie.pdf).

**Reviewer:** Journal of Social and Personal Relationships, Frontiers in Psychology, Measurement and Evaluation in Counselling and Development, Europe’s Journal of Psychology, Journal of Marriage and Family; Psychology of Religion and Spirituality; Religions; Addiction Research and Theory.

#### **Projects**

1. 2007-2008 - coordinator of the Project „Diversity Promoters”, Youth in Action project developed through ROTALENT ASSOCIATION, SUCEAVA, Romania;
2. 2007 - member of LEONARDO PROJECT, „Training of trainers program in the field of emotional education”, University of Barcelona, University of Lleida, Spain;
3. 2004-2007 - member of GRUNDTVIG 2 PROJECT – GRUNDTVIG ACTIVE PARENTS EDUCATION – GRAPE, in partnership with University of South Bohemia, Ceske Budejovice, Czech Republic and Regional Educational Centre, Arnhem, Netherland.
4. 2009- 2013 - PhD fellowship, POSDRU/187/1.5/S/155397, “Al. I.Cuza” University, Faculty of Psychology and Educational Sciences;
5. 2013 -2014 - The Scientific Exchange Programme (Sciex-NMSch), Project 12.273, Postdoctoral fellowship, Swiss Agency for Development and Cooperation (SDC), University of Zurich, Department of Clinical Psychology: Children/Adolescents & Couples/Families
6. 2016-2018: researcher in Erasmus+ Project, 2016-1-RO01-KA204-024504, BUILDING BRIDGES: PROMOTING SOCIAL INCLUSION AND WELLBEING FOR FAMILIES OF CHILDREN WITH SPECIAL NEEDS – PSI\_WELL, Coordinator proiect Conf. univ. dr. Adina Colomeischi
7. 2016-2018: researcher in Erasmus+ Project, 2016-1-MT01-KA203-015222, Enhancing Resilience through Teacher Education, coordinator proiect Prof. univ. dr. Carmel Cefai, Universitatea din Malta
8. 2018- prezent: cercetător Proiect Tinere Echipe Augmentare senzorială în contexte de percepție vizuală redusă folosind tehnologii interactive wearable, cod proiect PN-III-P1-1.1-TE-2016-2173, contract nr. TE141/2018, Director Proiect Prof. univ. dr. Radu Vatavu





## Participation in workshops

1. July 2013 - *How to Write High Impact Papers and What to Do When Your Manuscript is*
2. *Rejected*, pre-workshop of the 27th Conference of the European Health Psychology Society, University Bordeaux Segalen
3. August 2013 - *Study Design, Statistical Power, and Data Analysis*, University of Zurich
4. August-October 2013 - *Writing Research Articles in Psychology*, University of Zurich
5. September 2013 - *Using R for Statistics in Psychology*, pre-workshop of the 13 biannual Congress of the Swiss Psychological Society, University of Basel
6. October 2013 - *Structural Equation Modeling with lavaan*, Department of Psychology, University of Zurich
7. May 2014 - *Processes Leading to Publications in Psychology*, University of Zurich

## Language skills and competences

Mother tongue(s) Romanian

Other language(s)

Self-assessment

European level (\*)

English

German

French

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
	C1		C1		C1		C1		C1
	B1		B1		B1		B1		B1
	B1		B1		A2		A2		B1

(\*) Common European Framework of Reference for Languages

